

IMPORTANT:

- Please only ever wash your tattoo with clean hands- Wash your hands with anti-bacterial soap before you wash your tattoo. Personally I use Dial Gold for all my tattoos.
- Never use bar soap to clean your tattoo. Liquid soap only!
- Avoid heavy sweating around the area of your tattoo for at least one week after your appointment.
- Do not soak your tattoo in any waters (lakes, oceans, pools, bathtubs, etc.) for at least three weeks.
- Do not use a tanning bed for at least one month after your tattoo appointment, -use SPF sunscreen anytime you will be in the sun after your tattoo is healed.
- Wear clean, comfortable clothing that won't rub your tattoo!
- Never drown your tattoo in too much ointment, salve, or lotion. It needs to breath and too much ointment will prevent the correct healing process from taking place.

WHAT TO DO IF YOU HAVE SANIDERM (Tegaderm or Dynarex View Guard)

- Please leave your first bandage on your tattoo for 24 hours after your appointment.
- After 24 hours, while showering, gently remove your bandage. Slowly stretch back the edges of the bandage parallel to your skin, take your time doing this.
- Once removed, lather soap in your clean hands, and with lukewarm, running water, gently wash your tattoo clean, thoroughly removing any blood, ink, and plasma that is left behind, and fully rinsing the soap away.
- Once clean, gently pat your tattoo dry with a paper towel, make sure not to leave any fibrous pieces of paper towel on the tattoo, air dry for a couple of minutes.
- Once dry, peel back the papery side of your bandage and apply it to the area from the center outwards. Make sure not to contaminate the sticky side of the bandage. After it is applied, removed the plastic top layer and you're good to go!
- Leave your second bandage on your tattoo for up to five days, the longer the better!

- After you remove your second bandage, use white non-scented lotion to keep your new tattoo moisturized until tattoo is fully healed.

WHAT TO DO IF YOU DON'T HAVE SANIDERM

- Leave your first, standard bandage on for at least one hour.
- Before removing bandage, wash your hands thoroughly.
- Once removed, lather soap (dial gold) in your clean hands, and with lukewarm, running water, gently wash your tattoo clean, thoroughly removing any blood, ink, and plasma that is left behind, and fully rinsing the soap away.
- Once clean, gently pat your tattoo dry with a paper towel, make sure not to leave any fibrous pieces of paper towel on the tattoo, air dry for a couple of minutes.
 - Once dry, apply a thin layer of scent free salve or ointment. I recommend using aquaphor. Repeat this process at least twice a day for five days. Don't over wash.
 - After the fifth day of healing discontinue the use of ointment and switch to a white non-scented lotion (I recommend Lubriderm Daily Moisture Lotion) to keep your new tattoo moisturized until tattoo is fully healed.

WHAT TO EXPECT

- Your tattoo and the surrounding area might be swollen and red for the next week or so.
- Ink may come to surface, this is normal, wash this away and reapply ointment.
- Do not let your tattoo stick to sheets or clothing. This can pull our color and it might be painful to separate. If this does happen, moisten fabric, and slowly loosen fabric, and remove from skin. Wash tattoo and apply ointment.
- Shading may fade and colors may look dull as they heal. This process will be done after about one month. I do free touch ups up to a year after your original appointment date, if it is necessary.